

## Lesson Topic: Bullying

Subject / Curriculum Area: <ul style="list-style-type: none"> <li>• Personal, Social and Health Education</li> <li>• Health and Wellbeing</li> <li>• Personal and Social Education</li> <li>• Personal Development &amp; Mutual Understanding</li> </ul>	Age Group: 8-11
Lesson Duration: 1 hour	Number of Lessons: 1
Lesson Aims: <ul style="list-style-type: none"> <li>• For children to learn about different types of bullying.</li> <li>• For children to learn what to do if they or someone else is being bullied.</li> </ul>	
Key Words / Terms: bullying, physical, verbal, technological, indirect.	Resources: <ul style="list-style-type: none"> <li>• Bullying PowerPoint</li> <li>• Bullying Scenario worksheet</li> </ul>

Time	Activity
15 mins	Discussion of what bullying is and how people can bully using the <b>Bullying</b> powerpoint.
20 mins	Children to complete the <b>Bullying Scenario</b> worksheet and consider how they could intervene if they see someone being bullied. Whole class feedback and discussion of ideas.
15 mins	Teacher led discussion of using humour using the <b>Bullying</b> powerpoint. Children to write down things people have said to them that they didn't like and how they might respond using humour. In order to avoid embarrassment or upset, this may be best carried out as a private activity.
10 mins	Teacher to read through and explain the other techniques for dealing with bullies.